

## 2021 Review of Clinical Practice Guidelines, Preventive Health Guidelines and Other Resources



\*This list includes the Molina-approved guidelines reviewed/approved at the August and October MAC meetings, as well as the SWH guidelines/resources that were not on the Molina list.

CLINICAL PRACTICE GUIDELINES	
Topic	Citation
Acute Stress and Post-Traumatic Stress Disorder (PTSD)	<p><b><i>VA/VOD Clinical Practice Guideline for the Management of Post-Traumatic Stress Disorder and Acute Stress Disorder</i></b></p> <p>Department of Veterans Affairs &amp; Department of Defense June 2017 <a href="https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf">https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf</a></p>
Anxiety/Panic Disorder	<p><b><i>Practice Guideline for the Treatment of Patients with Panic Disorder</i></b></p> <p>American Psychiatric Association January 2009 <a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/panicdisorder.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/panicdisorder.pdf</a></p>
Asthma	<p><b><i>Guidelines for the Diagnosis and Management of Asthma (EPR-3)</i></b></p> <p>National Institute of Health (NIH): National Heart, Lung, and Blood Institute (NHLBI) December 2020 <a href="https://www.nhlbi.nih.gov/health-topics/asthma-for-health-professionals">https://www.nhlbi.nih.gov/health-topics/asthma-for-health-professionals</a></p> <p>The complete 2020 focused updates to the guideline can be found at the following location for review: <a href="https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates">https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates</a></p>
Bipolar Disorder	<p><b><i>Practice Guidelines for Treatment of Patients with Bipolar Disorder, Second Edition</i></b></p> <p>American Psychiatric Association April 2002 <a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf</a></p>
Chronic Kidney Disease	<p><b><i>Evaluation and Management of Chronic Kidney Disease</i></b></p> <p>National Kidney Foundation, Kidney Disease Outcome Quality Initiative (NKF KDOQI) January 2013 <a href="https://www.kidney.org/professionals/guidelines/guidelines_commentaries/chronic-kidney-disease-classification">https://www.kidney.org/professionals/guidelines/guidelines_commentaries/chronic-kidney-disease-classification</a></p>

<p><b>Chronic Obstructive Pulmonary Disease</b></p>	<p><b><i>Chronic Obstructive Pulmonary Disease (COPD)</i></b></p> <p>Global Initiative for Chronic Obstructive Lung Disease November 2020 <a href="https://goldcopd.org/wp-content/uploads/2020/11/GOLD-REPORT-2021-v1.1-25Nov20_WMV.pdf">https://goldcopd.org/wp-content/uploads/2020/11/GOLD-REPORT-2021-v1.1-25Nov20_WMV.pdf</a></p> <p>The complete Key Changes Summary can be found at the following location for review: <a href="https://goldcopd.org/wp-content/uploads/2020/11/GOLD-2021-KEY-CHANGES-SUMMARY-v1.0.pdf">https://goldcopd.org/wp-content/uploads/2020/11/GOLD-2021-KEY-CHANGES-SUMMARY-v1.0.pdf</a></p>
<p><b>Dementia</b></p>	<p><b><i>Dementia: Assessment, Management and Support</i></b></p> <p>National Institute for Health and Care Excellence (NICE) June 2018 <a href="https://www.nice.org.uk/guidance/ng97">https://www.nice.org.uk/guidance/ng97</a></p>
<p><b>Depression</b></p>	<p><b><i>Treatment of Patients with Major Depressive Disorder</i></b></p> <p>American Psychiatric Association (APA) October 2010 <a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf</a></p>
<p><b>Depression</b></p>	<p><b><i>The American Psychological Association’s Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts</i></b></p> <p>The American Psychological Association February 2019 <a href="https://www.apa.org/depression-guideline">https://www.apa.org/depression-guideline</a></p>
<p><b>Diabetes</b></p>	<p><b><i>Standards of Medical Care in Diabetes</i></b></p> <p>American Diabetes Association January 2021 <a href="https://care.diabetesjournals.org/content/diacare/suppl/2020/12/09/44.Supplement_1.DC1/DC_44_S1_final_copyright_stamped.pdf">https://care.diabetesjournals.org/content/diacare/suppl/2020/12/09/44.Supplement_1.DC1/DC_44_S1_final_copyright_stamped.pdf</a></p>
<p><b>Heart Failure in Adults</b></p>	<p><b><i>AHA Guideline for the Management of Heart Failure</i></b></p> <p>American College of Cardiology August 2017 <a href="https://www.jacc.org/doi/full/10.1016/j.jacc.2017.04.025?_ga=2.77583381.1652356860.1523309672-1875103099.1523309672">https://www.jacc.org/doi/full/10.1016/j.jacc.2017.04.025?_ga=2.77583381.1652356860.1523309672-1875103099.1523309672</a></p>
<p><b>Hypertension</b></p>	<p><b><i>ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults</i></b></p> <p>American College of Cardiology 2018 <a href="http://www.onlinejacc.org/content/71/19/e127?_ga=2.176976865.553150704.1550539575-1607157456.1550539575">http://www.onlinejacc.org/content/71/19/e127?_ga=2.176976865.553150704.1550539575-1607157456.1550539575</a></p>
<p><b>Magellan Behavioral Health Toolkit</b></p>	<p><b><i>“Behavioral Health Toolkit”</i></b></p> <p><a href="https://www.seniorwholehealthma.com/for-providers-2/provider-materials/">https://www.seniorwholehealthma.com/for-providers-2/provider-materials/</a></p>

<p><b>Obesity</b></p>	<p><b><i>Comprehensive Medical Care of Patients with Obesity – Executive Summary</i></b></p> <p>American Association of Clinical Endocrinologists  July 2016  <a href="https://pdfs.semanticscholar.org/07ef/515a817f1f7d32a45c0e74917700758a8069.pdf? ga=2.143141493.1726140187.1610388110-552912562.1610388110">https://pdfs.semanticscholar.org/07ef/515a817f1f7d32a45c0e74917700758a8069.pdf? ga=2.143141493.1726140187.1610388110-552912562.1610388110</a></p>
<p><b>Opioid Management – Treatment of Opioid Use Disorder</b></p>	<p><b><i>Treatment of Opioid Use Disorder</i></b></p> <p>American Society of Addiction Medicine (ASAM)  December 2019  <a href="https://www.asam.org/docs/default-source/quality-science/npq-jam-supplement.pdf?sfvrsn=a00a52c2_2">https://www.asam.org/docs/default-source/quality-science/npq-jam-supplement.pdf?sfvrsn=a00a52c2_2</a></p>
<p><b>Opioid Management – CDC Guidelines for Prescribing Opioids for Chronic Pain</b></p>	<p><b><i>CDC Guideline for Prescribing Opioids for Chronic Pain</i></b></p> <p>Centers for Disease Control and Prevention  March 2016  <a href="https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6501e1er.pdf">https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6501e1er.pdf</a></p>
<p><b>Schizophrenia</b></p>	<p><b><i>Treatment of Patients with Schizophrenia</i></b></p> <p>American Psychiatric Association  September 2020  <a href="https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841">https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841</a></p>
<p><b>Sickle Cell Disease</b></p>	<p><b><i>Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014</i></b></p> <p>National Heart, Lung, and Blood Institute  December 2014  <a href="https://www.nhlbi.nih.gov/sites/default/files/media/docs/sickle-cell-disease-report%20020816_0.pdf">https://www.nhlbi.nih.gov/sites/default/files/media/docs/sickle-cell-disease-report%20020816_0.pdf</a></p>
<p><b>Substance Abuse Treatment</b></p>	<p><b><i>Detoxification and Substance Abuse Treatment Guideline</i></b></p> <p>Substance Abuse and Mental Health Services Administration  October 2015  <a href="https://store.samhsa.gov/product/TIP-45-Detoxification-and-Substance-Abuse-Treatment/SMA15-4131">https://store.samhsa.gov/product/TIP-45-Detoxification-and-Substance-Abuse-Treatment/SMA15-4131</a></p>
<p><b>Suicide</b></p>	<p><b><i>Assessment and Management of Patients at Risk for Suicide</i></b></p> <p>Department of Veterans Affairs &amp; Department of Defense  May 2019  <a href="https://www.healthquality.va.gov/guidelines/MH/srb/VADoDSuicideRiskFullCPGFinal5088212019.pdf">https://www.healthquality.va.gov/guidelines/MH/srb/VADoDSuicideRiskFullCPGFinal5088212019.pdf</a></p>
<p><b>Trauma-Informed</b></p>	<p><b><i>Fostering Resilience and Recovery: A Change Package for Advancing Trauma-Informed Primary Care</i></b></p> <p>The National Council for Mental Wellbeing  November 2019  <a href="https://www.thenationalcouncil.org/wp-content/uploads/2019/12/FosteringResilienceChangePackage_Final.pdf?daf=375ateTbd56">https://www.thenationalcouncil.org/wp-content/uploads/2019/12/FosteringResilienceChangePackage_Final.pdf?daf=375ateTbd56</a></p>

## PREVENTIVE HEALTH GUIDELINES

Topic	Citation
Adult Preventive Services	<b><i>Adult Preventive Services Recommendations</i></b> U.S. Preventive Services Task Force May 2020 – February 2021 <a href="https://www.uspreventiveservicestaskforce.org/BrowseRec/Index">https://www.uspreventiveservicestaskforce.org/BrowseRec/Index</a>
Adult Immunization Schedule	<b><i>Adult Immunization Schedule, 19 Years and Older, 2021</i></b> Centers for Disease Control and Prevention February 2021 <a href="https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html">https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html</a>
Fall Risk Reduction	<b><i>Preventing Falls in Older Persons</i></b> <a href="https://www.aafp.org/afp/2017/0815/p240.html">https://www.aafp.org/afp/2017/0815/p240.html</a>
Preventive Guidelines	<b><i>2021 MHQP – Mass Health Quality Partners Adult Preventive Care Guidelines</i></b> <a href="https://www.mhqp.org/wp-content/uploads/2020/12/MHQP-Adult-Preventative-Care-Guidelines-2021.pdf">https://www.mhqp.org/wp-content/uploads/2020/12/MHQP-Adult-Preventative-Care-Guidelines-2021.pdf</a>

## ADDITIONAL RESOURCES

Topic	Citation
Preventive Health Tips	<b><i>Health in Aging Foundation: Aging and Health A to Z</i></b> <a href="http://www.healthinaging.org/aging-and-health-a-to-z/topic/prevention/">http://www.healthinaging.org/aging-and-health-a-to-z/topic/prevention/</a>
Elder Abuse	<b>NIH National Institute on Aging: Elder Abuse</b> <a href="https://www.nia.nih.gov/health/elder-abuse">https://www.nia.nih.gov/health/elder-abuse</a>
Million Hearts Toolkit	<b>Centers for Disease Control and Prevention – Million Hearts</b> <a href="https://millionhearts.hhs.gov/tools-protocols/tools.html">https://millionhearts.hhs.gov/tools-protocols/tools.html</a>